

# CAPTAIN'S CANDIDACY APPLICATION

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## ***I. Personal Information***

Name \_\_\_\_\_ Date \_\_\_\_\_  
Grade \_\_\_\_\_ Address \_\_\_\_\_  
Phone number \_\_\_\_\_ Email \_\_\_\_\_  
Sport for which you would like to be considered as a candidate for captain:

## ***II. Academic Eligibility***

I attest that \_\_\_\_\_ has earned a \_\_\_\_\_ Cumulative  
GPA at this time. \_\_\_\_\_

Signature of Guidance Counselor: \_\_\_\_\_

## ***III. Sports History***

Please list sports played and athletic awards you have won. (Varsity letter, JV Certificate, etc.)

GRADE	SPORT	AWARD(s)
9		
9		
9		
10		
10		
10		
11		
11		
11		

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**IV. Please list any academic honors you have earned at Lewis Mills High School.**

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**V. What are 5 most important qualities a Captain must have?**

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**MILLS**

**Define Leadership:**

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**What would you personally bring to the position of team captain that would be different from other candidates?**

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**What ideas do you have to help make your team more successful?**

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**How would you handle the interaction with JV and freshman team members? What would be your goal as team captain for these members of your team?**

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**You are a team captain and you have become aware that a few team members, one of whom is your best friend, are planning to go to a party tonight. You know alcohol and other illegal substances will be served at this party. How would you handle this situation? Please be honest in answering the issue!**

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**You find out your friend and other team members went to a party and drank. How would you handle this situation?**

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MILLS

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## **VI. References**

Please provide 2 references that speak to your judgment and leadership skills. *(Please do not use your teammates, Lewis Mills Coaches, or family members as references)*

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## **VII. Requirements**

In order to apply each candidate must:

1. Have a 75% or higher cumulative GPA
2. Be in good behavioral standing in the school and community
3. Agree to follow the athletic department training rules during the summer and in and out of season.

### **PLEDGE:**

I \_\_\_\_\_ am fully aware of all the requirements of applying to be a Captain's candidate. I realize violation of these requirements will lead to my removal as a candidate for team captaincy. I also swear that all information included in this application is truthful.

\_\_\_\_\_  
(Candidates Signature)

I \_\_\_\_\_ fully support my child's captain's candidacy and am fully aware of the responsibilities my child is accepting with this application.

\_\_\_\_\_  
(Parent/Guardian Signature)

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## **SPARTAN CAPTAIN'S PLEDGE**

I realize that being selected to the position of team captain carries with it more responsibility than being just a team member; others in the school and greater community look to me as a leader and role model. I will do my best to exemplify the qualities that the Administration, Athletic Department, Head Coach and school community expect of me. I pledge to adhere to this code of conduct all year-round.

## **CODE OF CONDUCT**

I pledge to:

- ❖ Follow the Athletic Training Rules by remaining chemical free (I will not use tobacco, alcohol or illegal drugs).
- ❖ Conduct myself in a manner consistent with the Lewis Mills High School Expectations for Acceptable Behavior and Citizenship as outlined in the Athletic Handbook.
- ❖ Earn the respect of my teammates, the school community and the communities of the towns of Burlington and Harwinton.
- ❖ Be a good citizen (I will demonstrate respect, loyalty, cooperation, trustworthiness, selflessness, honesty, compassion and pride in my school and its positive reputation).
- ❖ Demonstrate good school behavior (I will be punctual and abide by school rules).
- ❖ Demonstrate positive academic qualities. (I commit to academic progress and my best effort).
- ❖ Demonstrate positive athletic qualities (I commit myself to good skills, dedication, commitment to the sport, good sportsmanship, hard work, teamwork and communication skills).
- ❖ Be willing to act as liaison between teammates, coaches, director of athletics, and other appropriate school personnel.

## **SIX TRAITS OF ATHLETIC LEADERSHIP**

1. Inspire his or her teammates.
2. Earn respect of fellow team members through word and deed.
3. Make appropriate choices on and off the athletic field.
4. Follow coaching instruction in letter and spirit.
5. Act as a communication liaison between coach and athletes and athletes themselves.
6. React at his or her best when under stress.

## **PLEASE NOTE THAT THIS IS A 12-MONTH COMMITMENT**

Failure to meet these expectations will result in the immediate removal of your captaincy. (See consequences in the Lewis Mills High School Athletic Handbook for details.)

Signature of Captain: \_\_\_\_\_

Signature of Athletic Director: \_\_\_\_\_